

SO YOU WANT TO BE A DOCTOR?

Information for Engineering Students Pursuing a Career in Medicine

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Medical School Application Changes



On April 25th, ECS will cover the AMCAS and AACOMAS application process from start to finish! In this workshop, we will cover the top tricks and tips for completing this daunting task. Included in this workshop will be information on the changes to the AMCAS application and information about writing the personal statement and letters of recommendation. Don't miss this important session!

Top Tips for MCAT Examinees:

1. **Complete a full-length practice exam:** Early in the week leading to your test, take a full-length practice exam. Note when you feel fatigued during the practice exam and plan to take a break during those times on test day.
2. **Plan a dress rehearsal.** Wake up and run through your routine exactly how you will on test day. You may even want to take a test drive if you are not familiar with the testing center.
3. **Check your registration date and location before the exam day.** On occasion, changes might occur!
4. **Rest and Fuel Up:** Get a full night's rest (set an alarm or two and maybe have a back-up person to wake you up!) and eat a healthy breakfast with a balance of protein and carbs.
5. **Gather your materials.** Print your confirmation email, have your id, wallet, keys, sweatshirt, medications, eye drops, snacks, drinks and directions to the test site packed in your bag.



Upcoming ECS Events:

Carle Illinois Medical School Info Session

Tuesday, March 28th
12:00-1:00pm
3300 DCL

Completing the Medical School Application

Tuesday, April 25th
12:00-1:00pm
3300 DCL

Premed Drop-In Advising Dates:

Tuesday, April 18th
1-2pm
404 Grainger

On test day:

1. **Arrive Early.** Plan to arrive at least 30 minutes prior to the exam start time, as you can begin checking in at that time.
2. **Don't forget your valid ID.** If your ID doesn't meet the requirements, you won't be allowed to test.
3. **Bring a healthy snack.** You will have a 30-minute mid-exam break. Use this time to refuel.

Want to Meet with the Premed Career Advisor at ECS?

Simply log into I-Link, and select "premed career advising" appointment type to schedule your

The Secret Horror of Sleep-Deprived Doctors

Recently the ACGME increased the work hours to [28-hour shifts](#) for new doctors, stating, "These revisions were developed as part of the ACGME's periodic review of all program requirements to ensure that professional preparation of physicians adequately addresses the evolving and growing needs of patients. "

In a response to this change, Dr. Pamela Wible describes in an article on [Kev-inMD.com what](#) she calls "catastrophic consequences to this change in policy". The anecdotes are taken from actual quotes from physicians.

